



**Mondays 9.30 – 11.30**

**15 & 22 May, 5, 12, 19 & 26 June and 3 & 10 July 2017**

# **Bringing Up Confident Children for Parents of Children with Special Educational Needs**

96 Shenley Road, Borehamwood, WD6 1EB

Come and learn how to –

- be positive with your children
- understand their behaviour
- help them handle their feelings
- use new strategies to manage challenging behaviour
- learn how to remain firm but gentle
- consider what discipline is about and the kinds of discipline that help



**Contact Kath or Louise at Family Lives on 01163 666087 or [parentssupportherts@familylives.org.uk](mailto:parentssupportherts@familylives.org.uk) to book a place or for more information**

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