

North Herts DSPL Area 1 are pleased to present

# Understanding ADHD



Do you have a child with ADHD?  
Free workshop for parent carers of children and young people by  
ADD-vance ASD/ADHD specialist trainers

**10.00am – 12 noon**  
**Tuesday, 9 May 2017**

Letchworth Garden City Pod,  
Northfields Infant & Primary School,  
Burley,  
Letchworth SG6 4PT

To book email Debbie Robins [parentdspl@wilshere.herts.sch.uk](mailto:parentdspl@wilshere.herts.sch.uk)  
(enquiries 07527 828477)

Places are limited – please book early to avoid disappointment!

### **Who is this workshop for?**

Parents carers of children/young people with Attention Deficit Hyperactivity Disorder (ADHD)

### **What are the Learning outcomes?**

After completing the workshop, participants will improve their ability to:

- Understand what is ADHD
- Describe some common myths and facts about ADHD
- Recognise the diagnostic criteria for ADHD
- Identify some strengths and difficulties faced by a child with ADHD
- Discover some top tips

### **What methods will be used at the workshop?**

Presentation and small group work

### **What will be provided?**

- Light refreshments
- Workshop learning pack

### **When and where will the workshops take place?**

Letchworth Garden City Pod  
Northfields Infant & Nursery School  
Burley  
Letchworth SG6 4PT

### **How do I book a place?**

Please book via: Debbie Robins 07527 828 477 or [parentdspl@wilshere.herts.sch.uk](mailto:parentdspl@wilshere.herts.sch.uk)  
we will then confirm your booking